



Congratulations!
2013 Michael J. Tylavsky
Memorial Scholarship Winner

ASHLEY E. PANDOLF

York High School Class of 2013
Bound for the University of Virginia

Biochemistry Major

Ashley Pandolf is this year's recipient of the Michael J. Tylavsky Memorial Scholarship Award. Ashley graduates from York High in the top 10% of her class with a weighted cumulative GPA of 4.67. On the academic honor roll throughout middle and high school, Ashley was accepted into the Governor's School for Science and Technology and has concurrently attended classes there while at York High School.

Ashley's high academic achievements have been rewarded by membership in the National Honor Society, the French National Honor Society, the Math Honor Society, and the Mu Theta Honor Society. Last year, she won First Place at the Tidewater Science Fair and Honorable Mention at the State Science Fair. She was also the Honor Cadet and received the National Junior ROTC PE Award during the 2009-2010. Ashley belongs to a several clubs at school including the Key Club and the French Club and has done a variety of school and community service activities through her involvement. Ashley often tutors and helps fellow students in math, chemistry, and history.

While at the Governor's school, Ashley took challenging courses that stimulated her interest in the medical field. She has secured a mentorship with an orthopedic surgeon and plans on completing a research project on understanding the anterior cruciate ligament tears as it relates to high school athletes. This is important to Ashley as a student athlete herself. She has been on the Varsity Soccer and Cross Country teams for all four years of high school and has also participated on the Varsity Basketball and Track teams. She was honored to be selected 1st Team All District Midfield Soccer player in 2013, 2nd team All District Midfield Soccer player in 2012, and Honorable Mention Bay Rivers District Midfield Soccer player in 2010.

Ashley believes in the importance of giving back to the community. She has been a very active member of the student youth group at her church and through it she has made a significant impact in the lives of others. Teaching Sunday School and helping with Vacation Bible School and Soup Kitchen are some of the activities that Ashley participated in. Most prominent is her service during three mission trips with World Changers, a Christian organization that focuses on helping people both spiritually and physically with daily problems. With her group, Ashley traveled to southeastern states and helped repair homes for people in need. Ashley says of the experience, "The look of a joyous homeowner with a new roof was life-changing to say the least, and has made me realize the importance of helping others." Ashley's love of science and her belief in helping others have inspired her career interest. Ashley will attend the University of Virginia in the fall and will major in Biochemistry or Biomedical Science. Her future plans include attending medical school and becoming an orthopedic surgeon.

John and Tammy Pandolf are Ashley's very proud parents.

Best of luck at the University of Virginia

2013 Tylavsky Scholarship Winner ~Ashley Pandolf!